



GREENVILLE
FAMILY CHIROPRACTIC, LLC.

Welcome!

NEW PATIENT FORM

FULL NAME _____ DATE _____

HOW DID YOU HEAR ABOUT US? _____

PATIENT

TITLE: ☐ MR. ☐ MRS. ☐ MS. ☐ MISS ☐ DR. ☐ OTHER _____ MARITAL STATUS: ☐ SINGLE ☐ MARRIED ☐ OTHER _____

DATE OF BIRTH _____ GENDER: ☐ MALE ☐ FEMALE SOCIAL SEC. #: _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

PHONE NUMBERS: HOME () WORK () CELL ()

EMAIL _____

NAME OF SPOUSE / EMERGENCY CONTACT : _____

PHONE NUMBERS: HOME () WORK () CELL ()

EMPLOYMENT / INSURANCE

😊 PLEASE PROVIDE US WITH A COPY OF YOUR INSURANCE CARD 😊

STATUS: ☐ EMPLOYED ☐ SELF-EMPLOYED ☐ UNEMPLOYED ☐ FT/PT STUDENT ☐ MILITARY ☐ RETIRED ☐ DISABLED

WHO IS RESPONSIBLE FOR YOUR BILL?

☐ SELF ☐ HEALTH INSURANCE ☐ SPOUSE ☐ WORKER'S COMP ☐ AUTO INS. ☐ MEDICARE ☐ MEDICAID ☐ OTHER _____

EMPLOYMENT

NAME OF EMPLOYER _____ OCCUPATION _____

Mark the categories that best describe your job.

- | | | | | |
|---|--|---|--|--|
| <input type="checkbox"/> Business owner | <input type="checkbox"/> Administrator | <input type="checkbox"/> Administrative assistant | <input type="checkbox"/> Executive / Legal | <input type="checkbox"/> Data processing |
| <input type="checkbox"/> Heavy equipment operator | <input type="checkbox"/> Childcare | <input type="checkbox"/> Construction | <input type="checkbox"/> Health care | <input type="checkbox"/> Food service |
| <input type="checkbox"/> Heavy manual labor | <input type="checkbox"/> Medium manual labor | <input type="checkbox"/> Light manual labor | <input type="checkbox"/> Manufacturing | <input type="checkbox"/> Home services |
| <input type="checkbox"/> OTHER: _____ | | | | |

How much does your condition interfere with your job performance?

- | | | |
|--|---|---|
| <input type="checkbox"/> Has no effect | <input type="checkbox"/> Allows normal activity | <input type="checkbox"/> Slightly limits activity |
| <input type="checkbox"/> Moderately hinders duties | <input type="checkbox"/> Significantly hinders duties | <input type="checkbox"/> Prevents duties |

Are you currently pregnant, or is there a chance you could be pregnant?

☐ YES ☐ NO

Are you currently under the care of a physician? ☐ YES ☐ NO

If so, may we contact him / her?

☐ YES ☐ NO

Medical Group: _____

Doctor's name: _____

- | | | |
|------------------------------|-----------------------------|--|
| <input type="checkbox"/> YES | <input type="checkbox"/> NO | Have you ever been hospitalized or had major surgery? _____ |
| <input type="checkbox"/> YES | <input type="checkbox"/> NO | Have you ever had a serious head, back, or neck surgery? _____ |
| <input type="checkbox"/> YES | <input type="checkbox"/> NO | Do you have any allergies? _____ |
| <input type="checkbox"/> YES | <input type="checkbox"/> NO | Are you currently taking any medications? (Please list) _____ |

PATIENT NAME _____ DATE _____

Are you having any trouble with the exercises? ☐ YES ☐ NO

If "YES" please explain: _____

SYMPTOMS

☐ Headaches (Frequency: _____)

- | | | | | | |
|-------------------------------------|--|---|--|--|---|
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Sleeping problems | <input type="checkbox"/> Numbness in feet | <input type="checkbox"/> Numbness in hands | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Weakness in arms or legs |
| <input type="checkbox"/> Stiff neck | <input type="checkbox"/> Loss of balance | <input type="checkbox"/> Back pain | <input type="checkbox"/> Tension | <input type="checkbox"/> Fainting | <input type="checkbox"/> Shoulder / neck / arm pain |
| <input type="checkbox"/> Cold hands | <input type="checkbox"/> Cold feet | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Muscle spasms | <input type="checkbox"/> Joint pain / swelling | |

Briefly describe your current symptoms: _____

How did your symptoms start? _____

Average pain intensity: Last 24 hours NO PAIN

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

 WORST PAIN
Past week NO PAIN

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

 WORST PAIN

How often do you experience your symptoms?

- ☐ CONSTANTLY ☐ FREQUENTLY ☐ OCCASIONALLY ☐ INTERMITTENTLY

How much have your symptoms interfered with your usual daily activities?

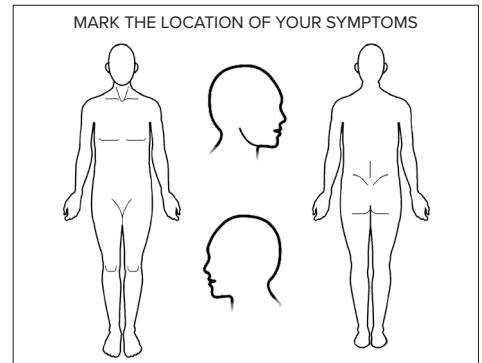
- ☐ NOT AT ALL ☐ A LITTLE BIT ☐ MODERATELY ☐ QUITE A BIT ☐ EXTREMELY

How is your condition changing, since care at THIS facility?

- ☐ N/A (1ST VISIT) ☐ MUCH WORSE ☐ A LITTLE WORSE ☐ NO CHANGE ☐ A LITTLE BETTER ☐ BETTER ☐ MUCH BETTER

How would you rate your overall health right now?

- ☐ EXCELLENT ☐ VERY GOOD ☐ GOOD ☐ FAIR ☐ POOR



ACTIVITIES OF DAILY LIFE (ADL)

Rate how your symptoms affect your daily activities.

- | | | | | |
|----------------------------------|------------------------------------|---|--|--|
| BENDING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| CARRYING GROCERIES: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| CHANGING POSITION (SIT - STAND): | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| CLIMBING STAIRS: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| DRIVING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| EXTENDED COMPUTER USE: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| EATING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| HOUSEHOLD CHORES: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| KNEELING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| LIFTING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| PET CARE: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| READING (CONCENTRATION): | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SELF CARE - BATHING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SELF CARE - DRESSING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SELF CARE - SHAVING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SEXUAL ACTIVITIES: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SLEEPING: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| SITTING OVER 30 MINUTES: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| STANDING OVER 30 MINUTES: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| WALKING | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |
| YARD WORK: | <input type="checkbox"/> No effect | <input type="checkbox"/> Mild: Painful (Can do) | <input type="checkbox"/> Moderate: Painful (Limited) | <input type="checkbox"/> Severe: Unable to Perform |

PATIENT NAME _____

DATE _____

*This questionnaire will give your provider information about how your **back condition** affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.*

PAIN INTENSITY

- ☐ 0 The pain comes and goes, and is very mild.
- ☐ 1 The pain is mild and does not vary much.
- ☐ 2 The pain comes and goes and is moderate.
- ☐ 3 The pain is moderate and does not vary much.
- ☐ 4 The pain comes and goes, and is very severe.
- ☐ 5 The pain is very severe and does not vary much.

CHANGING DEGREE OF PAIN

- ☐ 0 My pain is rapidly getting better.
- ☐ 1 My pain fluctuates, but over all is definitely getting better.
- ☐ 2 My pain seems to be getting better, but improvement is slow.
- ☐ 3 My pain is neither getting better nor worse.
- ☐ 4 My pain is gradually worsening.
- ☐ 5 My pain is rapidly worsening.

SLEEPING

- ☐ 0 I get no pain in bed.
- ☐ 1 I get pain in bed, but it does not prevent me from sleeping well.
- ☐ 2 Because of pain my normal sleep is reduced by up to 25%.
- ☐ 3 Because of pain my normal sleep is reduced by up to 50%.
- ☐ 4 Because of pain my normal sleep is reduced by up to 75%.
- ☐ 5 The pain prevents me from sleeping at all.

SITTING

- ☐ 0 I can sit in any chair as long as I please.
- ☐ 1 I can only sit in my favorite chair as long as I please.
- ☐ 2 Pain prevents me from sitting more than one hour.
- ☐ 3 Pain prevents me from sitting more than 30 minutes.
- ☐ 4 Pain prevents me from sitting more than ten minutes.
- ☐ 5 I avoid sitting because it increases pain immediately.

STANDING

- ☐ 0 I can stand as long as I want without pain.
- ☐ 1 I have some pain while standing, but it does not increase with time.
- ☐ 2 I cannot stand for longer than one hour without increasing pain.
- ☐ 3 I cannot stand for longer than 30 minutes without increasing pain.
- ☐ 4 I cannot stand for longer than ten minutes without increasing pain.
- ☐ 5 I avoid standing because it increases pain immediately.

WALKING

- ☐ 0 I have no pain while walking.
- ☐ 1 I have some pain while walking, but it does not increase with distance.
- ☐ 2 I cannot walk more than one mile without increasing pain.
- ☐ 3 I cannot walk more than a half-mile without increasing pain.
- ☐ 4 I cannot walk more than a quarter mile without increasing pain.
- ☐ 5 I cannot walk at all without increasing pain.

PERSONAL CARE

- ☐ 0 I do not have to change my ways of washing and dressing to avoid pain.
- ☐ 1 I do not normally alter my ways of washing or dressing even though it causes some pain.
- ☐ 2 Washing and dressing increases the pain, but I manage not to change my ways of doing it.
- ☐ 3 Washing and dressing increases the pain, and I find it necessary to change my way of doing it.
- ☐ 4 Because of the pain, I am unable to do some washing and dressing without help.
- ☐ 5 Because of the pain, I am unable to do any washing and dressing without help.

LIFTING

- ☐ 0 I can lift heavy weights without extra pain.
- ☐ 1 I can lift heavy weights, but it causes extra pain.
- ☐ 2 Pain prevents me from lifting heavy weights off the floor, but I can manage if items are conveniently positioned (e.g., on a table).
- ☐ 3 Pain prevents me from lifting heavy weights off the floor, but I can manage light-to-medium weights if they are conveniently positioned.
- ☐ 4 I can only lift very light weights.
- ☐ 5 I cannot lift or carry anything at all.

TRAVELING

- ☐ 0 I get no pain while traveling.
- ☐ 1 I get some pain while traveling, but none of my usual forms of travel make it worse.
- ☐ 2 I get extra pain while traveling, but it does not cause me to seek alternate forms of travel.
- ☐ 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- ☐ 4 Pain restricts all forms of travel except that done while lying down.
- ☐ 5 Pain restricts all forms of travel.

SOCIAL LIFE

- ☐ 0 My social life is normal and gives me no extra pain.
- ☐ 1 My social life is normal, but increases the degree of pain.
- ☐ 2 Pain has no significant effect on my social life apart from limiting my more energetic interests (e.g., dancing, etc.).
- ☐ 3 Pain has restricted my social life and I do not go out very often.
- ☐ 4 Pain has restricted my social life to my home.
- ☐ 5 I have hardly any social life because of the pain.

BACK INDEX SCORE:

$$\text{Index Score} = \left(\frac{\text{sum of all statements selected}}{\# \text{ of sections with a statement selection} \times 5} \right) \times 100$$

PATIENT NAME _____

DATE _____

*This questionnaire will give your provider information about how your **neck condition** affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.*

PAIN INTENSITY

- ☐ 0 I have no pain at the moment.
- ☐ 1 The pain is very mild at the moment.
- ☐ 2 The pain comes and goes and is moderate.
- ☐ 3 The pain is fairly severe at the moment.
- ☐ 4 The pain is very severe at the moment.
- ☐ 5 The pain is the worst imaginable at the moment.

SLEEPING

- ☐ 0 I have no trouble sleeping.
- ☐ 1 My sleep is slightly disturbed (less than one hour sleepless).
- ☐ 2 My sleep is mildly disturbed (1 - 2 hours sleepless).
- ☐ 3 My sleep is moderately disturbed (2 - 3 hours sleepless).
- ☐ 4 My sleep is greatly disturbed (3 - 5 hours sleepless).
- ☐ 5 My sleep is completely disturbed (5 - 7 hours sleepless).

READING

- ☐ 0 I can read as much as I want with no neck pain.
- ☐ 1 I can read as much as I want with slight neck pain.
- ☐ 2 I can read as much as I want with moderate pain.
- ☐ 3 I cannot read as much as I want because of moderate neck pain.
- ☐ 4 I can hardly read at all because of severe neck pain.
- ☐ 5 I cannot read at all because of neck pain.

CONCENTRATION

- ☐ 0 I can concentrate fully when I want, with no difficulty.
- ☐ 1 I can concentrate fully when I want, with slight difficulty.
- ☐ 2 I have a fair degree of difficulty concentrating when I want.
- ☐ 3 I have a lot of difficulty concentrating when I want.
- ☐ 4 I have a great deal of difficulty concentrating when I want.
- ☐ 5 I cannot concentrate at all.

WORK

- ☐ 0 I can do as much work as I want.
- ☐ 1 I can only do my usual work but no more.
- ☐ 2 I can only do most of my usual work, but no more.
- ☐ 3 I cannot do my usual work.
- ☐ 4 I can hardly do any work at all.
- ☐ 5 I cannot do any work at all.

PERSONAL CARE

- ☐ 0 I can look after myself normally without causing extra pain.
- ☐ 1 I can look after myself normally, but it causes extra pain.
- ☐ 2 It is painful to look after myself and I am slow and careful.
- ☐ 3 I need some help, but I manage most of my personal care.
- ☐ 4 I need help every day in most aspects of self care.
- ☐ 5 I do not get dressed; I wash with difficulty and stay in bed.

LIFTING

- ☐ 0 I can lift heavy weights without extra pain.
- ☐ 1 I can lift heavy weights, but it causes extra pain.
- ☐ 2 Pain prevents me from lifting heavy weights off the floor, but I can manage if items are conveniently positioned (e.g., on a table).
- ☐ 3 Pain prevents me from lifting heavy weights off the floor, but I can manage light-to-medium weights if they are conveniently positioned.
- ☐ 4 I can only lift very light weights.
- ☐ 5 I cannot lift or carry anything at all.

DRIVING

- ☐ 0 I can drive my vehicle without any neck pain.
- ☐ 1 I can drive my vehicle as long as I want with slight neck pain.
- ☐ 2 I can drive my vehicle as long as I want with moderate neck pain.
- ☐ 3 I cannot drive my vehicle as long as I want because of moderate neck pain.
- ☐ 4 I can hardly drive at all because of severe neck pain.
- ☐ 5 I cannot drive my vehicle at all because of neck pain.

RECREATION

- ☐ 0 I am able to engage in all my recreational activities without neck pain.
- ☐ 1 I am able to engage in all my usual recreational activities with some neck pain.
- ☐ 2 I am able to engage in most but not all my usual recreational activities because of neck pain.
- ☐ 3 I am only able to engage in a few of my usual recreational activities because of neck pain.
- ☐ 4 I can hardly do any recreational activities because of neck pain.
- ☐ 5 I cannot do any recreational activities at all.

HEADACHES

- ☐ 0 I have no headaches at all.
- ☐ 1 I have slight headaches which come infrequently.
- ☐ 2 I have moderate headaches which come infrequently.
- ☐ 3 I have moderate headaches which come frequently.
- ☐ 4 I have severe headaches which come frequently.
- ☐ 5 I have headaches almost all the time.

NECK INDEX SCORE:

$$\text{Index Score} = \left(\frac{\text{sum of all statements selected}}{\# \text{ of sections with a statement selection} \times 5} \right) \times 100$$